

### Program Agenda

- +MassMAP and why we are here today
- ◆Recent Disasters
- +Emergency Reporting: Rapid Analysis of Regional Issues and Capabilities
- +Disaster Exercises, Past, Present, and Future
- +Proposed CMS Standards and Assisted Living Regulations. Industry Best Practices?



### **Assisted Living 2015 Regulations**

Assisted Living 2015 Regulations

(11) Disaster and Emergency Preparedness, Plan. Each Residence shall have a comprehensive emergency management purpose to permiss disasters and emergencies, including first floods, exceet weathers, took of heart afectic most protein disasters are the continuity of operations of the Residence.

(a) Plan Requirements

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(a) Plan Requirements

1 he plan shall be designed to encountable ensure the continuity of operations of the Residence (a) Plan Requirements.

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(b) an established Manual Aird plan that addresses essential issues, such as upplies, event weather expensions of the plan shall plan that addresses essential issues, such as upplies, event weather expensions of the plan shall plan that addresses essential issues, such as upplies, event weather expension of entire that addresses essential issues, such as upplies, event weather expensions of the plan plan plan management and parameterized support in the event weather expension of the plan plan plan plan plan management and parameterized support in the event weather expension in the fall and Honeland Alert Network (HHAN):

1 and protocols for full participation in the Silver Alert System.

2 the plan shall indicate the location of emergency exists executions procedures; and the telephone numbers of police, fire, analyshance, and emergency medical transport to be telephone numbers of police, fire, analyshance, and emergency medical transport to be reported. The plan shall be descent polypical and coparitive needs of evidents, and shall include special staff response including the procedures needed to ensure the safety of any resident. The plan shall provide of the conducting of annual simulated execution dutils and rehearsals for all shifts;

5 The Residence shal

Department of Health and Human Services OFFICE OF INSPECTOR GENERAL

GAPS CONTINUE TO EXIST IN NURSING HOME EMERGENCY PREPAREDNESS AND RESPONSE DURING DISASTERS; 2007-2010



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### Southern New England Mutual Aid Plan



Plan Operation is first within your town/city. Additional support will come from your region - then other regions in a widespread disaster. RPA

### The Basics

+Identify needs and provide supplies/equipment/

### pharmaceuticals

- +Assist with transportation
- +Provide staffing support
- +Place and support evacuated residents



### **Recent Disasters**





### **Recent Mutual Aid Plan Activations**

- + January 2014 & 2015 Blizzards effecting Southern New England
- May 2014, Boston, MA Partial Facility Evacuation at 1:30AM due to flooding and electrical failure
- July 2014, Danbury, CT Dryer fire forces horizontal evacuation and need for open bed reporting in the area
- August 2014, New London, CT Water Main Break causes loss of water pressure to facilities



### Recent Incidents in Mutual Aid Plan

### **Case Studies**

- + November 2014, Storm Knife Buffalo, NY
- + January 2015, Blizzard Southern New England
- + January 2015, Frost Quake Silver Springs, NY
- + January 2015, Sprinkler Pipes burst Iowa
- February 2015, Sprinkler Pipes burst East Providence, RI



Winter Storm Knife, Buffalo, NY, November 2014



### Winter Storm Knife Buffalo, NY, November 2014

NOT THE SMARTEST THING TO DO!!

THE MOST SNOW EVER RECORDED IN THE LOWER 48 STATES







### **Actions**

- + Life Safety:
  - Building Infrastructure
  - + Snow Removal (Access)
- Review
   Staffing Plans
- Review
   Supplies and
   Equipment



### Plan Support

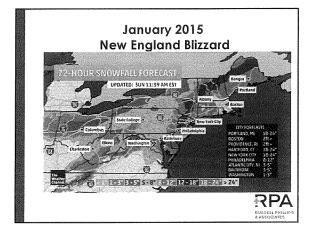
- + Long Term Care Coordinating Center activated in Rochester to support the Nursing Home Evacuation and the Region M
- + Members provided available beds
- + Identified available Transportation
- + Assisted with Resident Tracking



### Challenges

- Staffing Issues Employees came to work on Monday and in some cases didn't leave until Thursday.
- + Supplies:
  - + Medications Deliveries became an issues by day 3 & 4. Local Hospitals assisted
  - Vendors Snow plow vendors struggled to keep up with amount of snow and needing bigger equipment
- + Life Safety:
  - + Roof weight was a major concern along with the flooding potential RPA

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### **Actions**

- Life Safety
- + Staffing Plans
- + Supplies and Equipment
- Transportation Plans (Lack of Public Transportation)



### **Plan Support**

- + LTC Coordinating Center / RMCC Remote Activation
- Members provided Emergency Reporting prior to and post storm to identify:
  - + Operational Issues and Open Beds A
  - + Follow up calls were made to Non-Reporting Facilities
  - + Status Reports were provided to MassMAP Partners (DPH, MEMA & Associations)
- + Provided Vendor Support



### Challenges

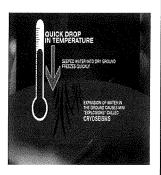
- + Vendor Support MassMAP
  - + Issue with a Pharmacy Vendor being non-essential and ticketed (not verified).
    - + DPH Contacted and received meds from another facility
    - + DPH followed up with State PD and it appears there was no ticket issued
- Staffing Issues:
  - + Boston Facilities
  - + Need to have a robust Staffing Plan

resources to assist

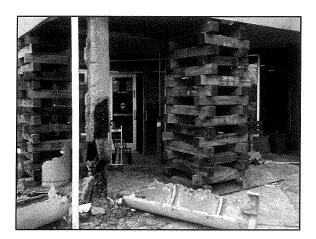


### "Frost Quake"

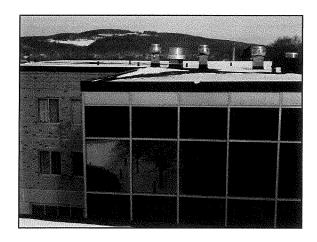
"Frost Quake"
A cryoseism, also known as an ice quake or a frost quake, may be caused by a sudden cracking action in frozen soil or rock saturated with water or ice as water drains into ground, it may eventually freeze and expand under colder temperatures, putting stress on its surroundings. This stress builds up until relieved, explosively in the form of a cryoseism











### **Actions**

- Evacuated 81 Residents due to Structural Damage (Initial call to EM was car into the building)
- Internal Actions:
  - + Established Command Center
  - + Identified Resident Accepting Facilities
  - + Identified Transportation Needs and Resources
  - + Identified what is going with the residents and informed staff:
    - + Medical Records
    - + Medications
  - + Notified Families and MDs

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### **Plan Support**

- + Facility activated the Western New York Mutual Aid Plan (WNY Mutual Aid Plan)
- + The WNY Mutual Aid Plan stood up their LTC Coordinating Center to support:
  - + Resident Placement
  - + Transportation (Wheelchair and Van Only)



### Challenges

- + Incident Command System (ICS)
  - + Initially not established. No clear objectives.
  - + Once Emergency Manager arrived on scene a Command Center was established
- + Transportation of Medication
  - With no EMS the transportation of Medications (Narcotics) became an issue.
     RNs drove Meds. to Receiving Facilities



### Challenges

- + Family and Physician Notifications:
  - + Extremely time consuming. Initially assigned one staff member. Added two more on next round of calls
  - Provided a phone number directly to the Social workers for family. Receptionist was overwhelmed
- + Communications:
  - Need for more phones in the Command Center
  - + Need more portable radios and a repeater
  - + Need to train all staff on the use of radios

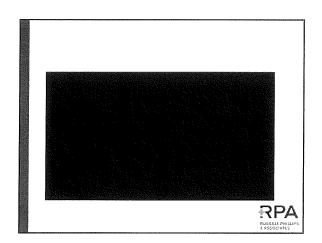


### Challenges

- \* Recovery:
  - + Insurance Adjusters onsite within 24 hours
    - Very time consuming process
    - + They brought in two different types of engineers.
  - + Approved clean up process 72 hours post incident
  - + Some residents back in within 48 hours but unable to use the area of the building that sustained the structural damage.
  - + Insurance payments:
    - + No reimbursement as of March 13, 2015. Expect sometime in April



## Sprinklers Flooding RPA



### **Iowa Facility Actions**

- + Evacuation of 43 Residents due to water damage
- + Took 11 EMS agencies & 16 Ambulances to evacuate all the residents
- + Transported all residents to sister facilities
- Residents transported with Medical Records and Medications
- + No Injuries occurred from evacuation



### **Challenges / Discussions**

- + Transportation Evacuation Survey
  - + Utilized 11 EMS agencies within a 25 mile radius
  - + Stressed local EMS ?
- Comment by FD that some residents were struggling with the change and transition
  - + Relocation Stress Syndrome / Transfer Trauma
  - + What could you do to mitigate this?
- + No on Camera Interview:
  - + Is there a benefit to an on camera interview?
  - + Press Statement (Good or Bad)
  - + Critical to establish a PIO



| Successful Rhode Island Activati | ion |
|----------------------------------|-----|
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### **Actions**

- + 156 Bed LTC Facility:
  - + 52 Bed Nursing Home
  - + 104 Assisted Living (31 Memory Care Unit)
- + 7:30 pm, two burst sprinkler pipes:
  - + 5th Floor
  - + Kitchen area (1st Floor)
- + Relocated residents to other areas of facility
- + Local FD, Restoration and Plumber Onsite
- + HEALTH Notified



### **Plan Support**

- + HEALTH activated the Mutual Aid Plan at 7:20PM requesting all facilities provide Emergency Reporting and report on:
  - + Operational Issues
  - + Open Beds
  - + Available Transportation that can be provided

RCC provided various resources to assist



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Continuity in process for managing the event

RPA

### Facilities Must Be Ready

A facility still must have:

- + An Incident Command System (ICS / NHICS)
- + Full Building Evacuation Plan
- + Influx of Residents / Surge Capacity
- + Resources & Assets planning for 96 hours



### **Member Responsibilities**

- + Memorandum of Understanding (MOU)

  If no MOU = no transfer agreement (per MassHealth)
- + Who are they qualified to care for? (# and type)
  - + Accept 110% of licensed beds
- + Required Plan Forms
  - + Resident Emergency Evacuation Form
  - + Resident / Medical Record / Staff / Equipment Tracking
  - + Influx of Residents Log
- + Exercise Annually



### Memorandum of Understanding (MOU)

- + A voluntary agreement
- + Facilities agree to abide by MOU terms
- + Incorporate into Emergency Operations Plans



### Required to Receive? NO

### Mhàs

- If facility is impacted, it could be dangerous to accept residents
  - + Infrastructure
  - + Staffing

**Example**: Superstorm Sandy (CT experience)



### **Disaster Struck Facility**



### Scene Size-Up

### Disaster Struck Facility

- + Who Contact name and phone number
- + Where Facility information
- + What What is the issue
- + When Window of time
- + Why Reason



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### Disaster Struck Facility **Actions**

- + Notifications:
- + 911
- + Internal (Your Team)
- + DPH: (Nursing Homes)
- \* Emergency Preparedness Duty Officer
- + DPH Division of Healthcare Quality (DHCQ)
- + EOEA (Assisted Living)



### **Actions of Disaster Struck Facility**

- + ACTIVATE: Emergency Reporting System
- + www.massmap.org
- + LTC Coordinating Center / RMCC
- + PREPARE: Evacuation? staffing? equipment? supplies?
- + PREPARE: Transportation evacuation tool

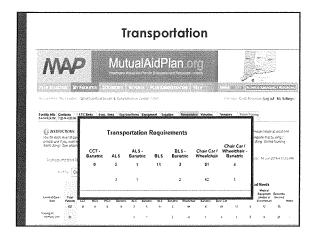


### Transportation Evacuation HANDOUT HANDOUT #1



- + Communicate resource needs to Public Health, Fire, EMS & Emergency Management
  - + Ambulances, wheelchair vehicles, and buses
- + Consider completing with monthly fire drills
- + Automated tool on website





### Transportation Results: 154 RESIDENTS

- Advanced Life Support Ambulance (Paramedic)
- 17 Basic Life Support (BLS) Ambulance (EMT)
- 3 BLS Bariatric Transport
- 73 Chair Car / Wheelchair Vehicle (limited assist)
- 4 Chair Car / Wheelchair Vehicle Bariatric
- 57 Ambulatory

### NOTE:

- 17 Continuous O2
- 6 Special Medical Equipment
- 70 Dementia Secured



### **Transportation Resources**

Southern New England Resources:

- + 799 Vehicles
- + 7,253 Total seats
- + 1,046 Residents in Wheelchairs
  - + Capacity: 8,299 Transportable Patients
- + Supplies/Equipment: 145 Trucks & Pick-ups



### **Pre-established Evacuation Sites**

- + Primary sites should be pre-selected
  - + Patient Categories of Care
- + Address highest acuity residents first
- + Address surge numbers next
  - + assume they have no open beds
  - + 110% surge
- + Process to communicate
  - + where they are, point person and contact information
- + Need to identify one facility at least fifty miles RPA away as an evacuation site

| LTC Patient Care Categories  |     |   |                              |   |   |   |   |                                 |                      |                                 |           |     |                |   |                                 |                                |                |              |              |  |                |                   |  |
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LTC Coordinating Center



### Long Term Care (LTC) Coordinating Center Regional Medical Coordinating Center (RMCC)

- + Each region has a Coordinating Center
- + LTC Coordinating Center / RMCC back each other up
- + Volunteer responder group that trains 2 times per year, drills 4 times per year and exercises annually









### Long Term Care (LTC) Coordinating Center Regional Medical Coordinating Center (RMCC) Locations

- + Region 1 Jewish Geriatric Services, Longmeadow
- + Region 2 (RMCC) CMED, Holden
- + Region 3 Aviv Centers for Living, Peabody
- + Region 4 Hebrew Rehabilitation, Roslindale
- + Region 4 Stephen Lawler Medical Intelligence Center (MIC)
- + Region 5 Sarah Brayton, Fall River





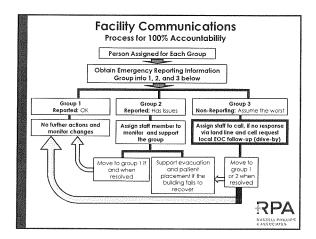


### The LTC Coordinating Center / RMCC "Air Traffic Control"

- + Staffed by Mutual Aid Plan volunteers
- + Assist with resident placement
- + Support resident tracking "Close The Loop"
- + Assist with staff, supplies and equipment needs
- ullet Assist with transportation
- + Support interaction with local and state agencies

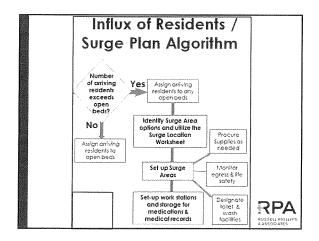
Ensure all members are accounted for!



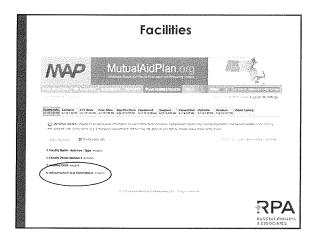


Resident Accepting Facilities
/ Lenders

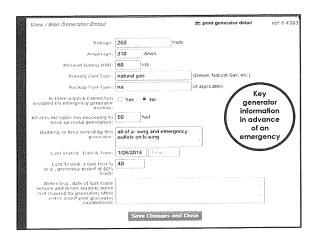
## + Prepare to receive residents (open beds vs. surge) + Complete Emergency Reporting + Complete Influx of Residents Log + Confirm receipt of residents - CLOSE THE LOOP + Notify DPH and the local AHJ (surge plan) If Lender: Prepare to provide Resources/Assets

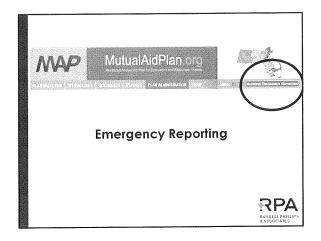






# Generator Information You need assistance due to a Generator failure Your Vendor is unable to support you!!

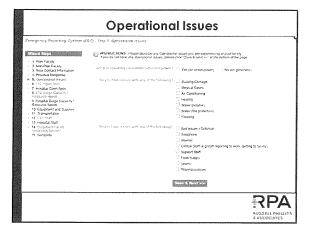


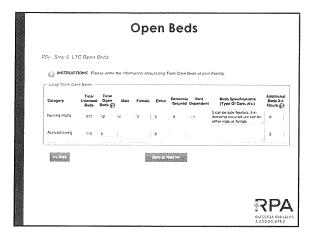


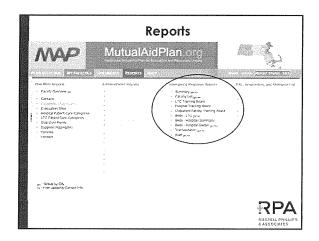
### **Emergency Reporting**

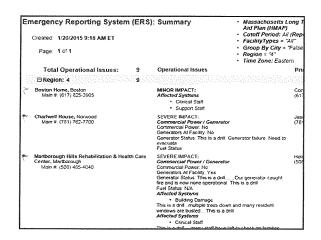
- + Operational Issues at your facility (other plan members)
- Open Beds
- + Available Transportation for
  - + Resident Transportation
  - + Movement of Supplies and Equipment
- + Resources & Assets (needed)
- + Resources & Assets (you could provide)
  - + Equipment
  - + Supplies
  - + Staffing











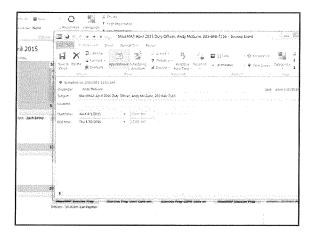
HANDOUT
#2

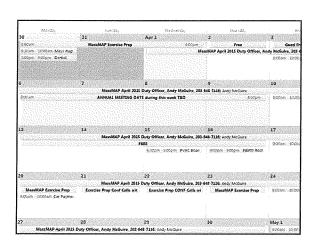
+ HHAN contacts for all facilities (3-7 contacts)
+ 255 facilities have detailed generator info
+ 20 emergency clean-up & reconstruction
+ 64 fuel companies
+ 28 generator firms
+ 35 mattress/bed companies
+ 20 water vendors

### MassMAP Duty Officer

- + First to contact to the Disaster Struck Facility upon activation
- + Stand up the LTC Coordinating Center / **RMCC**
- + Ensure MassMAP Emergency Reporting is activated
- + Resource for plan members and partners







### MassMAP 2015 Exercises

- + Severe thunderstorms, heavy rains and snow run off
- + Evacuation of multiple facilities will take place in each region

Mock residents will be evacuated to other facilities

Escalating Situation Member "Raising the Bar"

RPA

### MassMAP 2015 Exercises

Objectives: What are we testing:

- + Disaster Struck Facilities:
- + Plan activation, resident evacuation and resident tracking
- + LTC Coordinating Center / RMCC:
- + Ability to support event and provide accountability
- + Resident Accepting Facilities:
- + Ability to manage an influx of residents
- + Escalating Situation Members:
- Ability for members to test their plans with injects that RPA will escalate their internal response.



### MassMAP 2015 Exercise Dates

| ٠ | Region 1 – April 30 | 9:00am - 12:45pm |
|---|---------------------|------------------|
| • | Region 2 – April 27 | 1:00 pm - 4:45pm |
| ٠ | Region 3 – April 28 | 9:00am - 12:45pm |
| 6 | Region 4 – April 29 | 9:00am - 12:45pm |
| • | Region 5 – May 1    | 9:00am - 12:45pm |
|   |                     |                  |

<sup>\*</sup> Mock Patients need to arrive at DSFs one hour earlier (8:00 am / 12:00 pm)



### MassMAP 2015 Exercises Disaster Struck Facilities (DSFs)

- DSF Region 1 Craneville of Dalton, Dalton
- DSF Region 1 Kimball Farms Assisted Living, Lenox
   DSF Region 1 Chapin Center, Springfield
- DSF Region 2 Eisenberg Assisted Living, Worcester
- DSF Region 2 Holden Rehabilitation and Nursing Center
- DSF Region 3 Abbott Terrace, Lynn
- DSF Region 3 Pilgrim Rehabilitation, Peabody
- DSF Region 4 Orchard Cove, Canton
- DSF Region 4 Mary Ann Morse Healthcare Center, Natick
- DSF Region 5 Longmeadow of Taunton, Taunton
- DSF Region 5 Cedar Hill Health Care Center, Randolph



### MassMAP 2015 Exercise Preparation **Conference Call Handout 3**

HANDOUT #3

Wednesday April 15, 2015

HANDOUT #3

Session 1 - 10:30 - 11:30am Session 2 - 1:30 - 2:30pm

Conference Call In Number # 888-864-4735 **Passcode** 704016#



### MassMAP 2015 Exercises **RAF Exercise Online Questionnaire**

- Notifications
- · Emergency Reporting
- · Command & Control
- · Influx and Surge
- · Resources and Assets
- · Resident Tracking



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### MassMAP 2015 Exercise RAFs Providing **Mock Residents**

- Region 1 **5**
- Region 2 9
   Region 3 9
- Region 4 **0**
- Region 5 **4**



### MassMAP Leadership Recruitment

- Regional Steering Committee Members
- LTC Coordinating Center / Regional Medical Coordinating Center Responders
- Introduction of Steering Committee Members



### Questions?

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CORPORATE OFFICE

